

Enrolment FAQs

1. How can I be eligible to enroll in this scheme?

- You must be an Active SAL member (excluding student members).
- Your annual subscription fees must have no arrears.
- You must have been called to the bar in 2025 or earlier

2. How much do I need to pay to join this scheme?

This scheme is complimentary for all Active SAL members without arrears. No additional payment is required.

3. How do I enrol in this scheme?

Upon payment of your annual membership subscription fees, the enrolment link will be provided in the payment receipt email from SAL.

Members must agree to the following conditions for enrolment:

- Enrolment applies for the calendar year.
- Consent must be provided for the disclosure of the following personal data to Singlife for the administration of the scheme (strictly excludes marketing consent):
 - Full Name (as per NRIC/FIN)
 - NRIC Number / FIN Number
 - Date of Birth
 - Email Address
- Members must provide an Email Address for Singlife services and registration on the Intellect app.

Enrolment Cut-off Dates for 2025:

Membership Fee Payment Date	Start Date of Scheme
On/before 22 January 2025	1 February 2025
On/before 20 February 2025	1 March 2025
On/before 21 March 2025	1 April 2025
On/before 22 April 2025	1 May 2025
On/before 22 May 2025	1 June 2025

4. Can I enrol after 22 May 2025?

Please email membership@sal.org.sg for further assistance.

5. Why do you need my NRIC and contact information?

This information is required to facilitate Singlife's registration and administration processes.

6. Will SAL or my employer have access to my usage details under the scheme?

No. Client usage data from the Intellect app, coaching, and counselling sessions is strictly confidential and will not be shared with any third parties, including SAL or employers.

Data shared with SAL:

- Aggregate usage data (non-identifiable)
- No personally identifiable information (e.g., full name, NRIC/FIN number, date of birth, or email address)

7. How long can I use the scheme's benefits once enrolled?

Benefits are available until 31 January 2026. A new enrolment is required for the calendar year 2026.

8. Is this scheme renewable?

Yes, the scheme is renewable, subject to payment of the 2026 membership subscription fees

9. Will the scheme auto-renew upon expiry?

No, the scheme will expire on 31 January 2026. You may renew for another year, subject to settlement of any outstanding arrears.

10. My company is paying my membership fees on my behalf. Can I enrol earlier?

Enrolment can only proceed after your company or employer has settled your membership fees.

11. I did not receive my payment receipt. Can SAL resend it?

You can retrieve your membership fee payment receipt on the SAL membership portal: <https://customer.sal.sg/>

12. If I am already using the Intellect app through personal or firm enrolment, can I access the SAL scheme benefits?

Upon successful enrollment in the program, you will receive a welcome email with an Access Code specifically for eligible SAL members. This code will allow you to access your full benefits using the Intellect app or platform. Please note to use your designated email address provided to register on the Intellect app.

13. I am already a Singlife policyholder. Will this scheme increase my PA/TPD coverage?

Yes, subject to the terms and conditions of your policy.

14. Am I eligible for this scheme if I am over 70 years of age?

Unfortunately, the scheme is capped at age 70 (age next birthday).

Scheme Benefits/FAQs

15. What are the benefits of this scheme?

Please refer to the accompanying product flyer for detailed information.

16. How can I get assistance with using the Intellect app or accessing sessions?

Detailed guidance will be provided in the welcome email upon enrolment.

17. Are the counsellors and therapists accredited?

Coaches are accredited by the International Coaching Federation (ICF). Counsellors and psychologists are licensed professionals in their respective countries

18. Will my consultation details be shared with government or healthcare bodies (e.g., MOH, SingHealth)?

No, consultation details are confidential and will not be shared without your consent.

If you have any further queries on the scheme, please email to membership@sal.org.sg .